

# Lestrade-et-Thouels

Lestrade-et-Thouels is a town situated in the Aveyron departement (Midi-Pyrénées region) The town of de Lestrade-et-Thouels belongs to the canton of de Saint-Rome-de-Tarn and the district of de Millau. The inhabitants of de Lestrade-et-Thouels are called Lestouéliens and their number in the 1999 population census was 454. The town's surface is 42.2 km². Lestrade-et-Thouels has the following INSEE code: 12129 and is associated with the following postal code : 12430. It is situated at an altitude of about 740 meters.

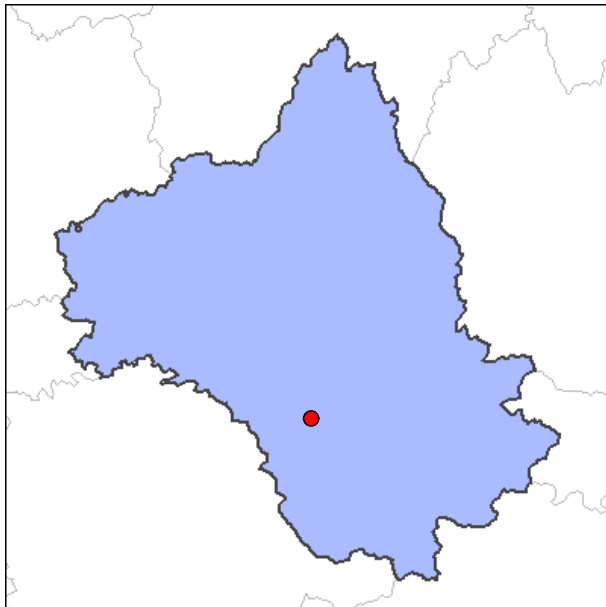


## Administrative information

Region : Midi-Pyrénées  
 Departement : Aveyron (12)  
 Insee Code : 12129  
 Code postal : 12430

## Size

Inhabitants in 1999: 454  
 Inhabitants in 1990: 534  
 Surface : 42.2 km²  
 Density (in 1999): 11 h/km²



## Geographical information

Longitude East: 0.046421 radians  
 2.6597 Decimal degrees  
 02°39'35" D M S

Latitude North: 0.769002 radians  
 44.0606 Decimal degrees  
 44°03'38" D M S

Altitude: about 740 meters

N°	Nearest towns	Proximity			Heading		
		Kms	M. naut.	M. angl.	Rad.	D°M'S"	Deg.
1	Villefranche-de-Panat (12)	4.7	2.5	2.9	0.8978	51°26'25"	51.44
2	Connac (12)	6.5	3.5	4	3.9406	225°46'47"	225.78
3	Durenque (12)	6.5	3.5	4	5.7076	327°01'17"	327.021
4	Broquiès (12)	6.8	3.7	4.2	2.7082	155°10'06"	155.168
5	Brousse-le-Château (12)	7.5	4	4.7	3.505	200°49'18"	200.822
6	(Le) Truel (12)	7.8	4.2	4.8	1.7253	98°51'09"	98.852
7	Alrance (12)	8.1	4.4	5	0.2251	12°53'50"	12.897
8	Ayssènes (12)	9.4	5.1	5.8	1.4782	84°41'41"	84.695
9	Réquista (12)	10.3	5.6	6.4	4.4003	252°07'07"	252.119
10	Montclar (12)	10.4	5.6	6.5	3.2425	185°46'54"	185.782